

YOUTH FIRST AID PRACTICAL ASSESSMENTS - AIDE MEMOIRE

Candidate Name _____

CONSCIOUS CASUALTY

The candidate to manage a role play incident set in the classroom, providing care to an acting casualty with simulated injuries using equipment normally found in a statutory first aid box. The assessor acting as an untrained bystander to a standard which is EFFECTIVE, SAFE AND PROMPT.

ACTION	STANDARD	✓ / X
Carry out Primary Assessment	As per current protocols	
Diagnose Injuries	Thorough and methodical checks for injuries	
Summon Ambulance	Correct information given to bystander	
(* Treat – Before equipment is available	EFFECTIVE, SAFE and PROMPT	
Treat – When equipment is available	EFFECTIVE, SAFE and PROMPT	
General Casualty Care	Firm, gentle handling. Listening, explaining, reassuring	
<p>(* Assessor Note: This order is not prescriptive. The candidate should be diagnosing and treating THREE injuries</p>		
Assessor Signature:		

UNCONSCIOUS CASUALTY

The candidate to manage a role play incident set in the classroom, providing care to an acting casualty with simulated unconsciousness. The candidate to undertake the test as if alone. To a standard which is EFFECTIVE, SAFE and PROMPT.

ACTION	STANDARD	✓ / X
Assess Danger	Visual search	
Assess Response	Question, command, shake	
Shout for help	Try to summon assistance	
Open and check airway	Tilt head back. Lift chin with 2 fingers	
Check breathing (present)	Look, listen, feel (10 seconds). Maintain airway throughout.	
Check Life Threatening Injuries	Signs of severe bleeding	
Place in Recovery Position	Lateral position Head position allows drainage of fluids, stable position chest position maximizes respiratory effort observation and access to the airway. There should be no risk of injury	
Go for Help	Correct information provided	
<p>Supplementary question What would you do differently if you suspected damage to the spine?</p>		
Assessor Signature:		

CPR

The candidate to perform resuscitation alone in a simulated incident set in a classroom, using a manikin. The candidate to undertake the test as if the assessor is an untrained bystander to a standard which is EFFECTIVE, SAFE and PROMPT.

ACTION	STANDARD	✓ / X
Assess the situation	Assess for danger	
Assess the Casualty	Response Shout for help Check and open airway Check breathing	
Call for help	Send for help and AED Correct information given	
Commence Chest Compressions	Correct hand position Correct speed Correct depth Thirty compressions	
Rescue breaths	Give two rescue breaths	
Continue CPR	30:2 Continue until professional help arrives	
<p>Supplementary questions</p> <ul style="list-style-type: none"> • What would you do if you were on your own? • What would you do if you found the casualty was agonal breathing? • What would you do if you could not achieve rescue breaths 		
Assessor Signature:		